

#### What's in and What's out?

2019 was shown 'out' by a capacity crowd at the hall on Hogmanay. Many thanks to Sarah and John Kearns for once again organising a great hoolie and thanks also to Duncan Sewell, Rob Ferguson and all the musicians who kept the ceilidh going until well into 2020.

We are crossing our fingers that by the time the next issue of the Midmar newsletter is ready for publication the fan heaters will be 'out' of the main hall. They will be replaced by a proliferation of radiators, powered by a new boiler and zoned & regulated by the touch of a button from a remotely operable control panel - what could possibly go wrong?

A splinter-free stage is 'in'. Many thanks to the gentlemen of the Men's shed for all your sanding and polishing.

Fitness is definitely 'in' at Midmar Hall in 2020 with badminton sessions on Monday evenings, circuit training on Wednesday evenings and physio led pilates on Thursday evenings. The new year resolutions are going well!

Dogs are 'in' as Laura McCarthy, trainer & animal behaviourist, from Petmind has recently settled into Midmar. She is running a dog behaviour class hot on the heels of the Pilates class on a Thursday evening, core control to paw control in one night!

In 2019 the trees around the hall were taken 'out' but 2020 will bring replanting 'in'. The Men's shed have been awarded a community tree pack from the Woodland Trust which is due to be delivered in March.

'In' or 'Out' is a question which has been dividing the hall committee. Should the climbing frame (previously sited in the space that is being prepared to be the permanent site of the Men's shed) be 'in' or 'out' of the hall garden. Would it be an asset or an eye-sore? It will be temporarily assembled in the garden on Friday 1 May to allow community cafe and pub visitors to get an idea of its' impact and help us come to a decision. Please take a look and let us know.

Movie nights will be 'in' again in 2020. The new, quiet heating system along with the new screen, projector and sound system will make the cosy, community film screenings a great night out.

It would be great if we could encourage some new volunteers 'in' to become involved with hall life and join us in keeping such a valuable community amenity surviving and thriving. Is there anyone out there who would be interested in working with us to live stream cultural events such as opera and theatre productions?

Details of all hall user groups, activities and events are within the pages of the newsletter and all feedback is welcomed at: midmarhall.co.uk

Nina Bidwell Feb 2020



# BADMINTON FUN! Every Monday 6.30pm - 7.30pm

Who says Mondays are boring!
Not in Midmar Hall. Every
Monday at 6.30pm a few of us
get together and enjoy a game
of badminton. We have recently raised enough money to
purchase 2 new rackets so
don't worry about not having
the right equipment, just pop
along and have a laugh along
with us!
£3 per session



## CIRCUIT TRAINING AT MIDMAR HALL Every Wednesday 7.30pm – 8.30pm





A warm welcome awaits anyone who would like to join in with a bit of fun exercise. Class suitable for all ages and abilities. Be warned, we don't take things too seriously!!

The class is run by volunteers and we are pleased to say that it has remained successful since our personal trainer, Duncan, left us in December. Thanks to Duncan, we still have plenty of





equipment to use so the classes are varied each week. The class costs £5 on a pay as you go basis. For any further information please call Pamela on 07833 900620

#### **Echt & Midmar Churches**

It was just last year that the achievement of the now famous Apollo 11 mission was commemorated, fifty years after astronauts Neil Armstrong and Edwin 'Buzz' Aldrin became the first of only twelve men ever to set foot on the moon.

Sixteen years later, at the height of the Space Shuttle programme, Space Shuttle Discovery made the fifth of its total of thirty nine flights into space, in June 1985. Aboard Discovery for it's week-long mission were seven crew members, one of whom was Prince Sultan bin Salman Al-Saud of Saudi Arabia. A Royal Saudi Airforce pilot and payload specialist, Al-Saud made history as the first Arab, Muslim and royal, in space.

Talking later at the First Congress of the Association of Space Explorers, the prince said memorably, 'The first day or so we all pointed to our countries. The third or fourth day we were pointing to our continents. By the fifth day, we were aware of only one Earth.'

Perspective can have a profound ability and influence on how we see and experience the world and one another, and over a period of days, the astronauts' perception of the earth changed forever. But then perspective is a powerful thing – both literally and figuratively. It can challenge and inspire us; it can change and motivate us. In fact, the lenses through which we look have the ability to shape the future as well as to interpret the past.

Whatever the things that shape our own, personal perspectives on life – be they distance, experience, faith, belief, culture, understanding, values – might we dare to hope that the perspectives we adopt serve to unite more than divide, and enrich, more than diminish?







#### **Newsletter Cover Winner**

Congratulations to Lorna Stewart for this edition's front cover. The snow we had at the end of February gave a beautiful touch of spring 'blossom' on the trees.



# **MIDMAR HALL**

# Saturday 14th March 2020

Starts 7.30pm

£5 per person – no limit to players on a team!

Bring your own drinks, grab a few friends and come along to join in the fun!

Don't forget to take your phone / tablet (one per team) you'll need this to play along

Raffle – bring a prize for raffle too if you can!

07833 900620 or midmarhall@gmail.com



First Friday of every month 7-11pm Midmar Hall

Draft ale
Lagers
Wines
Spirits
Soft drinks
Non alc drinks
Snacks

Darts Pool Air Hockey Ping Pong

> All welcome, including children





# **Midmar Community Pub**

....is held on the first Friday of every month, from 7-11pm, in Midmar Hall. There is usually a draft guest ale on tap, along with a full selection of other alcoholic and non-alcoholic drinks.





## **Regular Events**

....after the success of the Saucy
Horse noodle van in February,
we aim to feature more special
events throughout the year
such as food nights, quizzes,
games nights, bingo, or big
sporting events. For details of
upcoming events, follow us on
facebook

(@midmarcommunitypub and @whatsoninandaroundmidmar) and Nextdoor if you have any suggestions, please let us know!

Games....we hope to be able to upgrade our pool and air hockey tables soon for a more authentic pub experience. And we have new sets of darts too.



## Children

....are welcome till 8.30pm, or later if they're well supervised and not too noisy. This is to ensure everyone can enjoy their evening fully.

## March QUIZ!

....details to follow but Friday 6<sup>th</sup>
March will feature a short pub quiz
hosted by Frances Millward. No
obligation to partake.



## Bar staff

....our Community
Pub only runs
because of
volunteers. In
particular we need
bar staff (with the
intention of only
needing to do bar
duty once a year). If
you would like to
help behind the bar,
please let us know.
Full training given.



#### FLEEMAN RETURNS TO MIDMAR

Doric speaking theatre company Fleeman Productions return to Midmar Hall on **Saturday 20th June** with a double bill of **Evie** and **Gosser's Gala** promising a stimulating and entertaining evening.

In Charles Barron's play Evie, Yvonne Morton plays a middle-aged woman reflecting on her life and considering the future. Her constant companion is Tutankhamun - Toots the cat, in whom she confides.

The second play is Gosser's Gala, an adaptation of Alan Ayckbourn's short play Gosforth's Fete which is one of the Confusions series by the popular playwright. Set in the tea-tent of a village gala, being run by the local publican Gosser, things go from bad to worse with farcical consequences. Directed by Liz Loggie, the cast includes Fleeman regulars Jill Hay and Brian McDonald.

Tickets will be on sale from May 20th Buy yours from Amanda Liddiard





ARC HIPPOTHERAPY: SCIO

# **VOLUNTEERS NEEDED**

We provide physiotherapy through equine movement (hippotherapy) to those with movement dysfunction.

No previous experience or horse knowledge necessary.

Whatever your skills, you have something to offer.

ARE YOU INTERESTED?
CONTACT LISA MATHESON
07730664811
ZEN125859@ZEN.CO.UK

Volunteer opportunities on Fridays Anytime between 9am-1:30 PM Aberdeen Riding Club, Peterculter, AB140PN





**SAVE THE DATE....** 

Saturday 16 May

2020 Movie screening launch

Film to be decided

Fill your hampers, BYOB and join us for a evening of community cinema

Film requests email to midmarhall.@gmail.com
See our Facebook page, What's on in and around Midmar
and Nextdoor App for film announcement.
Donations on the door for hall funds

#### The Men's Shed is Open

The Men's Shed has been progressing well. We now have a workable Shed complete with workbenches, tea bothy and some tools. We can now welcome all-comers to do your own thing in this great environment. We have some basic work tools, but would welcome any donations. Tree planting - the Woodland Trust have provided free of charge 140 trees to plant around the Hall, and they're are due to arrive any day soon. We have acquired protective tubes from Vital Veg (thankyou) and we've made stakes from some of the wood we gleaned from the old sheds - waste not.. We'll put a notice out on Next-Door and the Hall Facebook to confirm the planting date. The area will be tidied up at the same time and it should start to look great very soon. Garden machinery fixing - this is a open invitation to anyone who owns a temperamental mower, strimmer, chainsaw etc., to bring them along to be worked upon. The combination of expertise and practical nouse within many in the Shed can be directed into getting this equipment up and running - not stalling, easy to start. Is that even possible in a two-stroke engine? We might even do a bit of chainsaw sharpening. You can learn how to do it yourself or watch.

If any of you have excess garden machinery we can also fix it or service it and then sell it to raise funds for Community projects.

Beekeeping group - there are a number of people keen to keep bees and also help others to start doing the same. A few of them met the other night to discuss the provision of bee colonies, equipment and training. If you are interested why not drop an email to Susan Dutch via sdutch@hotmail.co.uk.

Brewing group - well, we've bought some semi-professional brewing equipment and have yet to learn how to do it. As we don't have power or water required in the Shed it's been decanted to someone's house for the first few brews. If we can replicate some well-know recipes we may be able to supply the Pub night in the Hall in the future -and we know we will need to do it legally and properly, but many such ventures in other Communities already do so.



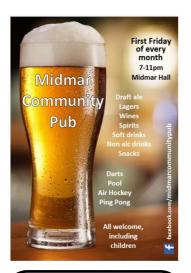




Community projects - the Men's Shed is looking for projects which will benefit the local Community. We have some skilled people keen to put effort in, and we also have many tools available to us. We've already reconditioned the stage for the Hall, worked on the Comers walking bridge and sorted a number of local footpaths, and we are keen on doing more. It is good fun and we are laughing a lot. And it gets us out of the house in rain or shine.

Do you want to find out if the Shed and activities are for you?

Come along and say hello when we will have a local hike from the hall (1 to 1.5hrs) on Friday 06-Mar departing at 0915, culminating at the Community Café for a well-earned coffee. We also meet on a Tuesday evening in the Shed from 19.30 onwards - come along and have a cup of tea and discuss what you would like to do. **Everyone is welcome.** 



Pub Quiz @ the hall 6th March 7.30pm £2.50 per person or £10 per team



Movie Night & 100 Club Draw 16th May More details to follow...

Climbing Frame Review 1st May Hall Garden



# Midmar 7 At a G

Monday  Violin Lessons  Book Club (Last Monday of the month)  NEW  Badminton  After School Club  Men's Shed  Bowling (October through to March)  Upholstery Class  Wednesday  After School Club  Circuits  SWRI (2nd Wednesday of the month)  Whist (4th Wednesday of the month)  Thursday  Mobile Library Central (fortnightly)  Upholstery Classes  After School Club
Tuesday  After School Club  Men's Shed  Bowling (October through to March)  Upholstery Class  Wednesday  After School Club  Circuits  SWRI (2nd Wednesday of the month)  Whist (4th Wednesday of the month)  Thursday  Upholstery Classes
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Whist (4th Wednesday of the month)  Thursday  Mobile Library Central (fortnightly)  Upholstery Classes
Thursday Mobile Library Central (fortnightly)  Upholstery Classes
Upholstery Classes
· · · ·
After School Club
<b>NEW</b> Pilates
NEW Dog Confidence, Communication, Control
Friday Community Cafe (1st Friday of the month)
Piano Lessons
Pub Night (1st Friday of the month)

# Events lance

You can find more information on our website at Midmarhall.com or on Facebook at What's on in and around Midmar



Venue	Time	Further Information
Midmar Hall	Times available before 5pm	Ruth Hardie - 07920 715 438
Various Various	8pm -10pm	Alistair McRobb 833715
Midmar Hall	6.30pm - 7.30pm	Pamela Black 07833 900 620
Midmar School	3.15pm - 6pm	MASC - 07856 732 341
Midmar Hall	8pm	Dave Smith
Midmar Hall	7.15pm - 9.15pm	Alan Blackie 833482
The Little Byre	7pm - 9pm	Kay Hourston 833515
Midmar School	3.15pm - 6pm	MASC - 07856 732 341
Midmar Hall	7.30pm - 8.30pm	Pamela Black - 07833 900 620
Midmar Hall	7.30pm -9.30pm	Judith Stokoe 833719
Millbank Bowling Club Hut	7.30pm -10pm	Isabel Birse 833209
Midmar Hall car park Carter Croft Bethlin	10am- 10.30am 10.40am - 10.55am 11.10am - 11.25am	March 5th, 19th, April 2nd, 16th, 30th, May 14th, 28th
The Little Byre	10.30am-12.30pm & 12.30pm - 2.30pm	Kay Hourston 833515
Midmar School	3.15pm - 6pm	MASC - 07856 732 341
Midmar Hall	5.45pm - 6.45pm	Laura 07734 312 798
Midmar Hall	7pm - 8pm	Laura McCarthy - www.petmind.co.uk/classes/
Midmar Hall	10am - 12pm	
Midmar Hall	3.30pm - 8pm	Lucy Webster
Midmar Hall	6pm - 11pm	



# **NEW DOG CLASSES!**

Aimed at teaching your puppy or dog:

CONFIDENCE I CONTROL I COMMUNICATION

Limited Space - Maximum of 5 dogs per course Price for 6 sessions - £90 (Thursday evenings)



Full details and online booking at www.petmind.co.uk/classes/

#### News from Midmar S.W.I

Midmar are now well into our 2019/2020 syllabus. The October meeting about the Granite Men given by Jim Fiddes was extremely interesting and helped detail exactly where all the granite quarries were located. Unfortunately, the speaker for November had to cancel due to ill health but we were very fortunate in having Lindsey Jones from the opticians Duncan and Todd who stepped in at the last minute. We all learned a great deal about care for our eyes and were even given little gift bags.

Our Christmas meal was held this year at Banchory Lodge Hotel and we enjoyed a beautiful lunch. We were given vouchers to be used in January 2020 to obtain 2 meals for the price of one!

The first meeting of 2020 was a talk by Alistair McRobb on his years of "Treading the boards". This was great fun, various people were recognised and there was Alistair rubbing shoulders with the Great and Good!

February's meeting is the annual "Taste and Try" followed by a slide show on "Sojourn in the Solomons" in March by Mike Stephens.

Midmar S.W.I. welcome anyone interested and/ or new members.

Further information from Judith Stokoe tel: 01330 833719 or Bev Mackinlay tel: 01330

#### **Midmar School News**

#### **Eco Schools Award**



Midmar School has been awarded its sixth Green Flag Eco Schools Award. There are ten area within the award which schools work towards. All schools continually focus on litter and then select two of the ten other areas in a rolling programme. Our focus for this award was water and health and wellbeing.

#### Be seen be safe

All children were delighted to receive a reflector from Cluny, Monymusk and Midmar Community Council. They proudly wear them on their school bags. We were very grateful for this donation which will help our children be seen as they travel to and from school and this initiative also fits with our Eco School focus of transport.



#### **Christmas Jumper Day 2019**

Children raised £71.90 for the Willows Animal Sanctuary by wearing their Christmas jumpers in December.

#### **Burns Celebrations**

All children took part in our annual Burns celebrations. We had a traditional Burns Supper, which included the piping in of the haggis, recitation of To a Haggis, the Immortal Memory, a toast to the lassie and the reply, recitations of some of Burns' poems, pupils reading some of their own poems about Burns and dancing.

#### **RSPB Big School Bird Watch**

Eco Group organised all pupils to count the birds around the school on Monday 3<sup>rd</sup> February. The results were then uploaded to the RSPB web site.

#### **Alford Rotary Quiz**

Two teams took part in the annual Alford Rotary Quiz. Both performed well. The winners were Alford A.

#### **Developing the Young Workforce**

Primary 5-7 took part in a Space workshop organised by the 'Developing the Young Workforce' initiative. They worked in groups with programmable robots to solve problems; developing problem solving, communication and team work skills as well as gaining knowledge in computer programming.

#### **Outdoor Learning**

We are extremely fortunate to have such a stimulating and accessible outdoor learning environment. We use the school grounds and forest fortnightly to enhance children's learning. The snow this week allowed us to investigate the properties of water and build snow sculptures. P1-P4 build models of castles in line with their class topic.

#### **Greetings from Dougal in Ghana**

So I have just finished my first term of teaching and living in Ghana and thought this would be a good time to give you a small update on some of the things I've been up to as well as some photos.

I have been living in Ghana for just over 3 months and in that time I have been teaching Primary 6 maths, Science and English. Here are a couple of photos of me teaching.





In the past few weeks we have been doing the nativity with our classes (5 and 6) and despite a week of school closure due to teacher strikes we managed to present it to the rest of the school and teachers with great costumes made with the limited materials available (cardboard) by Arthur.





As we don't have any running water we have to fetch water from the tap across the road the locals and Arthur carry it on their head but i haven't quite worked up to that yet.





#### December 2019

Dear lovely people of Midmar. I have been living in Ghana for almost 3 months now so thought it was about time that I gave you an update especially as between you all you have paid for a good chunk of this year. First I want to thank everyone who helped fund this year. Everyone who came to the ceilidh, bought food at the pub nights, and came to the community cafés. If it wasn't for your generosity I would probably still be trying to fund raise.

So onto the main subject of this letter myself and Ghana! How am I doing? Well thank you I am doing very well! My days are always very busy and far too hot (average 30° C). I am at school from 8 am to 2 pm and the rest of my time is spent cooking, cleaning, going to market every four days for fresh food and playing volleyball and football with the local children and teachers. The heat and humidity has definitely taking some getting used to as well as the early starts at 6 am and early nights at eight or 9 pm. This is because being so close to the equator there is little change to the time of sunrise and sunset throughout the year (6 am and p.m. respectively). The Southern Volta region where I am living is very flat which results in sunrises and sunsets be very sudden, often going from bright sunlight to pitch black within an hour.

Teaching is a very interesting experience. The classrooms are basic with the pupils sitting at wooden desks, a rough concrete floor and my teaching aids consisting of a blackboard, chalk and my imagination. All the classes open to the outside to a covered concrete walkway instead of a corridor. I am teaching primary six although there is a wide range of ages as pupils are held behind if they do not pass end of year exams. I have a class of 16, 10 boys and 6 girls, who are mostly well-behaved although they do have a tendency to think that they can mess around with me rather than the other teacher who takes the other classes. I only teach maths, science and English. English is definitely the hardest subject to teach, although in all three subjects it is hard to teach by writing on the board as the reading level is very basic but I have found ways around it.

Onto Ghana itself then! My village, Agornu, is a largish village surrounded by farmland and bush. The land is so flat that everywhere you look there is a wall of green and there are no hills in the distance in any direction. We have been out farming with some of the pupils which is great fun.

To celebrate being in Ghana for four weeks all 10 volunteers met up down at the coast which was so beautiful and a welcome break away from the kids. Unfortunately the sea is too dangerous to swim in but there was a lagoon that we were able to swim in thankfully. I will try to send another update halfway through the year so if anyone has any questions I will try to answer them then. Once again thank you for your kind donations and I hope everyone is well.

Lots of love, Dougal. Dougal Humberstone

#### Dormancy in winter within our gardens

'In the depths of winter I finally learned that, within me, lay an invincible summer'. Albert Camus

At this time of year, in late winter, many gardens hereabouts can appear somewhat uninspiring, or even drab. There is little colour, just monochrome tints, interspersed with the conifers' dark green or tan foliage, which is the residue of last season's deciduous growth. Chilly winds blast through our gardens, which are often frosted with snow or ice crystals.

For the informed horticulturalist, or botanist, however, there is an awareness of the amazing infrastructural adaptations taking place within many plants during the winter season. I say 'amazing', because over time; aeons even, plants, including trees, shrubs, and other plants have come to adapt themselves to cold winter seasons, and are able to survive, year after year.

This process, known as 'dormancy', is described as having two forms; endo-dormancy and eco-dormancy, which define the processes whereby the internal plant systems govern themselves in response to external temperatures and daylight factors, is akin to hibernation within the animal kingdom. This process allows plants to survive the winter months, and re-invigorate growth in the springtime.

According to 'Wikipaedia', the process is defined as follows:

'During winter dormancy, plant metabolism virtually comes to a standstill due, in part, to low temperatures that slow chemical activity. Dormancy is a period in an organism's life cycle when growth, development, and (in animals) physical activity are temporarily stopped.'

Dormancy, moreover, is a time when plants conserve energy by using the stored sugars and carbohydrates they produced during the growing season, in order to survive the winter. Prolonged exposure to low temperatures, ranging from minus 5 degrees Celsius to 10 degrees Celsius, triggers physiological responses in trees. This alters the balance of enzymes and hormones, involved in inhibiting and promoting growth.

Dormancy is a mechanism which is vital to a plants survival. According to 'Dyke Arboretum of the plains',

'Plants would struggle to survive in winter, with the water in stems and leaves freezing, causing damage. Because there is insufficient water in the frozen ground, plants would not be able to endure the cold winter months.'

Affected by warmth and sunlight, plants are waiting for warmer longer days, before they begin a new cycle of growth, adding beauty to our world.

In the immediate locality, trees of different varieties, larch, ash, and sycamore, (seen below) to name a few, enter into dormancy mode at different times in the autumn, each displaying its own characteristic pattern, casting off their raiment of leaves. They emerge from this state at different times in the springtime, when the buds open; sepals reveal new leaf or flower growth, and the garden starts to become green again.

There is a metaphor, which may be perceived in this quotation, by Plutarch (Moralia); 'Antisthenes says that, in a certain faraway country, the cold is so intense that the words freeze, as soon as they are uttered, so that words spoken in winter go unheard of, until next summer'. Faith Mackenzie, January 2020

These are just a few of the books we will be reading this year at the Midmar Book Club... Tempted?... Contact Alistair McRobb 833715





#### Sponsoring the newsletter

If you would like to sponsor the newsletter prices are:
£10 for a business card size
£30 for a half page (landscape)
£60 for a whole page in colour (portrait)

The newsletter is non-profit making and is distributed four times a year to 230 homes throughout Midmar as well as being published on the Midmar Hall website, Midmarhall.com

For any comments and queries regarding articles within the newsletter, please contact the writer as the Hall Committee does not take responsibility for content and accuracy of articles.

Closing date for submissions to the Summer Newsletter is 15th May, this covers June, July & August events.

Please email Amanda at midmar.newsletter @hotmail.co.uk . Thank you, Amanda



#### **Inverurie Chartered Physiotherapy Clinic & Pilates Centre**

Unit C, Site 5, Midmill Business Park, Tumulus Way, Kintore, AB51 0TG Telephone: (01467) 633444

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Also, Clinics & classes at Station 83 Gym Kemnay



www.physio-therapy.co.uk

#### Hall for hire

Party time .....Show time......Tea time ....Meeting room

Midmar Public Hall is available to hire....

Rates - £40 for half a day

- £75 for evening hire
- £500 for weekend hire

User group rates - £10 per hour for regular user groups meeting a minimum of once a month.



Deposit - a discretionary deposit of £250 is requested for some evening functions.

Facilities - Aside from the main hall & washroom there is an upstairs meeting room, back stage room and a kitchen.

We can offer a projector and screen in the main hall and the piano is available to musicians on request.



For bookings please call Mairi Black on - 01330 833371 or email her at - mairiblack@hotmail.co.uk





## Are you a Landlord?

And aware that from October 2020 you cannot let out a property on a new tenancy agreement unless it has a band E or better Energy Performance Certificate (EPC) rating.

This is all to do with the Scottish Government's Energy Efficiency (PRS) Regulations being introduced this year.

Want to know more, need some impartial advice or an EPC renewal please contact your local Domestic Energy Assessor (DEA):



Also available to carry out EPC surveys to support Renewable Heat Incentive (RHI) Applications and any Home Energy Scotland Loan applications.





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#### "What's on in and around Midmar"

We also have our website: http://www.midmarhall.com Our website is always up to date on events and

what's on at the hall and community. You can also download extra copies of the

newsletter.

Through the website you can contact us with any questions you might have about the hall, its use, hiring it etc. We look forward to hearing from you.

#### How do you like yours??

If you'd prefer to receive a PDF copy of your newsletter please let me know. Email Amanda at midmar.newsletter@hotmail.co.uk with the email address you wish to provide and you can start receiving it electronically.

It is also published on the Midmar hall website midmarhall.com and can be downloaded from there





Enjoy lunch, Sunday lunch or afternoon tea, in our Conservatory restaurant with its beautiful views of the Terrace garden.

BOOKING VIA OUR WEBSITE:

WWW.DOUNESIDEHOUSE.CO.UK/DINING/BOOK-A-TABLE

DOUNESIDE HOUSE, TARLAND, ABERDEENSHIRE AB34 4UL SCOTLAND +44 (0)13398 81230, MANAGER@DOUNESIDEHOUSE.CO.UK

www.midmartimbercentre.co.uk

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